

Health Assessment Reminder

Dear [Recipient's Name],

This is a friendly reminder that your scheduled health assessment is set for **[Date]** at **[Time]**. Please ensure to arrive at **[Location]** at least 15 minutes prior to your appointment.

If you have any questions or need to reschedule, feel free to contact us at **[Contact Information]**.

Thank you for prioritizing your health!

Sincerely,
[Your Name]
[Your Position]
[Your Organization]