Dear [Admissions Committee/Specific Contact Name],

I hope this message finds you well. I am writing to inquire about the status of my application for the [Name of the Graduate Program] at [University Name]. I submitted my application on [Submission Date], and I am eager to learn about any updates regarding my application.

Thank you for your time and assistance. I look forward to your response.

Sincerely,
[Your Name]
[Your Contact Information]
[Your Application ID (if applicable)]