Dear [Advisor's Name],

I hope this message finds you well. I am writing to request an appointment to discuss my academic progress and future course selections. I believe your guidance would be invaluable as I navigate my studies.

Could you please let me know your availability for a meeting? I am flexible with timings and can adjust to fit your schedule. I appreciate your assistance and look forward to your reply.

Thank you for your time.

Sincerely,
[Your Name]
[Your Student ID]
[Your Contact Information]