## You're Invited to Our Wellness Check!

Dear [Employee's Name],

We care about your well-being and would like to invite you to participate in a wellness check scheduled for [Date] at [Time]. This is a great opportunity to focus on your health and discuss any wellness-related topics with our health professionals.

## **Details:**

Date: [Date] Time: [Time]

Location: [Location or Virtual Link]Duration: Approximately [Duration]

Please RSVP by [RSVP Date] to ensure we can accommodate everyone. Your health matters to us, and we look forward to seeing you there!

Best Regards,

[Your Name][Your Job Title][Your Company Name][Contact Information]