

# Invitation to Wellness Check

Dear [Member's Name],

We hope this message finds you well. As part of our commitment to the health and well-being of our club members, we are organizing a wellness check event.

**Date:** [Insert Date]

**Time:** [Insert Time]

**Location:** [Insert Location]

This event will provide members with an opportunity to check in on their personal wellness and participate in activities aimed at promoting a healthy lifestyle.

Please RSVP by [Insert RSVP Date] to ensure we accommodate everyone.

We look forward to seeing you there!

Warm regards,

[Your Name]

[Your Title/Position]

[Club Name]