

Referral Letter to Mental Health Support Services

Date: [Insert Date]

To Whom It May Concern,

I am writing to refer [Client's Name], who has been experiencing [brief description of mental health concerns] and may benefit from your mental health support services.

[Client's Name] has shown signs of [specific symptoms or behaviors], which have impacted their [academic/work/social] performance. After discussing the situation, we believe that professional support is necessary for their well-being.

Please find the relevant information below:

- **Client's Name:** [Client's Name]
- **Contact Information:** [Client's Phone/Email]
- **Date of Birth:** [Client's DOB]
- **Current Concerns:** [List of concerns]
- **Prior History:** [Any relevant history]

I appreciate your assistance and look forward to your support in providing [Client's Name] with the necessary help they require.

Thank you for your attention to this matter.

Sincerely,

[Your Name]

[Your Title]

[Your Organization]

[Your Contact Information]