

Dietary Preferences Update

Date: [Insert Date]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to inform you of an update to my dietary preferences, effective immediately.

Current Dietary Preferences:

- Vegetarian
- No dairy products
- Avoiding gluten
- No seafood

Please let me know if you need any further information or if there are any forms I need to complete to ensure this update is reflected in your records.

Thank you for your attention to this matter.

Sincerely,

[Your Name]

[Your Contact Information]