

Chronic Illness Management Plan

Date: _____

Patient Name: _____

Patient ID: _____

Physician Name: _____

Physician Contact: _____

Diagnosis

[Insert diagnosis of chronic illness]

Management Goals

- [Goal 1]
- [Goal 2]
- [Goal 3]

Treatment Plan

[Outline treatment strategies, medications, therapies]

Monitoring

[Detail any necessary monitoring, tests, or follow-ups]

Emergency Plan

[Instructions for emergency situations]

Patient Acknowledgment

I, [Patient Name], acknowledge that I have discussed this chronic illness management plan with my physician and understand the steps I need to take.

Patient Signature: _____

Date: _____

For any inquiries, please contact the physician's office.