

# Patient Discharge Summary

**Patient Name:** John Doe

**Date of Birth:** January 1, 1980

**Admission Date:** September 10, 2023

**Discharge Date:** October 10, 2023

**Diagnosis:** Major Depressive Disorder

## Summary of Treatment

During the inpatient treatment, the patient participated in individual therapy sessions, group therapy, and medication management. The focus was on developing coping strategies and addressing underlying issues.

## Medications at Discharge

- Sertraline 100mg daily
- Lithium 300mg daily

## Post-Discharge Plan

1. Follow-up appointment with Dr. Smith on October 20, 2023.
2. Attend weekly support group sessions.
3. Continue medication as prescribed and monitor any side effects.

## Additional Notes

The patient showed significant improvement during their stay and is encouraged to maintain a daily routine and engage in physical activities.

## Signatures

**Prepared by:** Dr. Jane Smith, MD

**Date:** October 10, 2023