

Hormone Therapy Risk Overview

Dear Family Members,

I am writing to provide you with an overview of the potential risks associated with hormone therapy. This information is essential for understanding the treatment and supporting my journey.

Potential Risks of Hormone Therapy

- **Cardiovascular Risks:** Increased risk of blood clots, stroke, or heart disease.
- **Hormonal Side Effects:** Mood swings, weight gain, or changes in libido.
- **Bone Health:** Potential impact on bone density over time.
- **Cancer Risks:** Some types of hormone therapy may influence the risk of developing certain cancers.

Monitoring and Management

Regular check-ups and monitoring will help manage these risks effectively. Open communication about any concerns is crucial.

Thank you for your support and understanding.

Sincerely,
Your Name