

Hormone Therapy Risk Counseling

Dear [Patient's Name],

As part of your care plan, we have discussed the option of hormone therapy. It is important that you are fully informed about the potential risks and benefits associated with this treatment. Below, I have outlined key information for your consideration.

Potential Benefits of Hormone Therapy

- Relief from menopausal symptoms such as hot flashes and night sweats.
- Improvement in mood and quality of life.
- Possible reduction in the risk of osteoporosis and fractures.

Possible Risks of Hormone Therapy

- Increased risk of blood clots.
- Potential for elevated risk of certain cancers, such as breast cancer.
- Possible cardiovascular risks, including heart disease.

It is crucial to weigh these risks against the potential benefits before making a decision on your treatment. I encourage you to schedule a follow-up appointment to discuss any questions or concerns you may have regarding hormone therapy.

If you decide to proceed with hormone therapy, we will continue to monitor your health closely to manage any side effects and adjust treatment as necessary.

Thank you for entrusting us with your care.

Sincerely,

[Your Name]

[Your Title]

[Clinic or Hospital Name]

[Contact Information]