

Subject: Request for Your Feedback on Anxiety Therapy

Dear [Client's Name],

We hope this message finds you well. As part of our commitment to providing effective therapy, we would like to request your feedback regarding your recent experience with our anxiety therapy sessions.

Your insights are invaluable to us and will help us enhance our services. We would appreciate it if you could take a few moments to answer the following questions:

1. How would you rate the effectiveness of the therapy sessions?
2. What specific techniques or approaches did you find most helpful?
3. Were there any areas where you felt improvement was needed?
4. Would you recommend our therapy services to others? Why or why not?

Thank you for your time and feedback. It is essential for us to ensure that our services meet your needs.

Best regards,

[Your Name]

[Your Position]

[Therapy Center Name]

[Contact Information]