

# Follow-Up on Sleep Apnea Therapy Choices

Date: [Insert Date]

Dear [Patient's Name],

I hope this message finds you well. I wanted to follow up regarding your recent consultation about sleep apnea therapy options.

As discussed, there are several treatment choices available that can significantly improve your sleep quality and overall health. These include:

- Continuous Positive Airway Pressure (CPAP) Therapy
- Oral Appliances
- Lifestyle Changes
- Surgical Options

Please feel free to reach out with any questions or concerns you may have regarding these options. It is important to us that you make an informed decision that best suits your needs.

We can schedule a follow-up appointment to discuss your preferences in more detail. Let us know what works best for you.

Thank you for prioritizing your health. We look forward to assisting you further.

Best regards,

[Your Name]

[Your Title]

[Your Contact Information]