

# Dear [Participant's Name],

We are pleased to provide you with a list of valuable resources that can support you on your journey to recovery from substance abuse. Please find the information below:

## Hotlines

- **National Helpline:** 1-800-662-HELP (4357)
- **Substance Abuse and Mental Health Services Administration (SAMHSA):** 1-800-487-4892

## Local Support Groups

- **Alcoholics Anonymous (AA):** [Local AA Meeting Information and Contact]
- **Narcotics Anonymous (NA):** [Local NA Meeting Information and Contact]

## Counseling Services

- **[Local Counseling Center Name]:** [Contact Information]
- **[Additional Counseling Resource]:** [Contact Information]

## Online Resources

- [SAMHSA National Helpline](#)
- [Alcoholics Anonymous](#)

We encourage you to reach out to these resources and take advantage of the support available to you. Remember, recovery is a journey, and you are not alone.

Sincerely,

[Your Name]

[Your Position]

[Organization Name]

[Contact Information]