

Letter of Appreciation

Date: **[Insert Date]**

Dear **[Mentor's Name]**,

I hope this message finds you well. I am writing to express my heartfelt appreciation for your unwavering support and dedication as a mentor in the journey of substance abuse recovery.

Your guidance and encouragement have made a profound impact on my life. Your ability to listen without judgment and your valuable insights have been instrumental in helping me navigate the challenges of recovery. I am grateful for the time and effort you have invested in my journey.

Thanks to your mentorship, I have gained the strength and resilience needed to overcome obstacles and embrace a healthier lifestyle. Your commitment to helping others is truly inspiring, and I am fortunate to have you as a mentor.

Once again, thank you for everything you have done. I look forward to continuing my journey with your guidance.

Sincerely,

[Your Name]