

Osteoporosis Screening Preparation Instructions

Dear [Patient's Name],

We are writing to provide you with important instructions to prepare for your upcoming osteoporosis screening appointment. Please follow the guidelines below to ensure accurate results:

Preparation Instructions:

- Do not take calcium supplements 24 hours prior to the screening.
- Avoid eating or drinking anything except water for at least 4 hours before your appointment.
- Let us know if you are pregnant or suspect you might be.
- Wear loose, comfortable clothing as you may be asked to change into a gown.
- Bring a list of your current medications and any relevant medical history.

If you have any questions or need to reschedule your appointment, please contact us at [Office Phone Number].

Thank you for your attention to these instructions, and we look forward to seeing you!

Sincerely,
[Your Name]
[Your Title]
[Clinic Name]
[Clinic Contact Information]