

# Asthma Symptom Management Adjustment

Date: [Insert Date]

To: [Patient's Name]

From: [Your Name, Your Title]

Subject: Adjustment to Asthma Management Plan

Dear [Patient's Name],

I hope this message finds you well. I am writing to discuss your recent asthma symptoms and to propose some adjustments to your current management plan to better control your condition.

Based on our last appointment and your feedback, it appears that your symptoms have increased in frequency and severity. To address this, I recommend the following changes:

1. **Medication Adjustment:** Increase the dosage of your [current medication] as follows: [specific dosage instructions].
2. **Action Plan Review:** Please review and update your asthma action plan during our next visit.
3. **Follow-up Appointment:** Schedule a follow-up appointment in [time frame] to evaluate the effectiveness of these adjustments.

It is essential to regularly monitor your symptoms and triggers. Please keep a log of any changes in your condition and any incidents that may arise.

Feel free to reach out if you have any questions or concerns in the meantime.

Thank you for your attention to this matter. Together, we can work towards better managing your asthma symptoms.

Sincerely,

[Your Name]

[Your Title]

[Your Contact Information]