

# Antenatal Care Pre-Visit Instructions

Date: [Insert Date]

Dear [Patient's Name],

We are looking forward to your upcoming antenatal visit. Please review the following instructions to ensure a smooth appointment:

- Bring your prenatal vitamins and any medications you are currently taking.
- Have a list of questions or concerns ready to discuss with your healthcare provider.
- Ensure you have your insurance information and a form of identification.
- Maintain a healthy diet and stay hydrated before your appointment.
- If you have had any changes in your health or that of your baby, please inform us ahead of time.

Please confirm your appointment by [Insert Confirmation Date]. If you have any questions, do not hesitate to contact our office at [Insert Phone Number].

We look forward to seeing you soon!

Sincerely,

[Your Name]

[Your Position]

[Clinic/Hospital Name]