

Patient Wellness Follow-Up

Date: [Insert Date]

Dear [Patient's Name],

We hope this message finds you well. This is a follow-up regarding your recent wellness check-up on [Insert Date of Check-Up]. We want to ensure you are continuing to progress toward your health goals.

Wellness Check Summary:

- **Current Health Status:** [Insert Summary]
- **Recommended Actions:** [Insert Recommendations]
- **Next Appointment:** [Insert Date and Time]

It is essential to adhere to the recommended lifestyle changes and continue with prescribed treatments. Please don't hesitate to reach out if you have any questions or concerns.

Thank you for trusting us with your health.

Best regards,
[Your Name]
[Your Position]
[Medical Practice Name]
[Contact Information]