

Referral Letter for Mental Health Assessment

Date: [Insert Date]

To Whom It May Concern,

I am writing to refer [Client's Full Name], born on [Client's Date of Birth], for a comprehensive mental health assessment.

[Client's Full Name] has been experiencing [briefly describe the symptoms or concerns, e.g., anxiety, depression, behavioral issues], which have significantly impacted their daily functioning. These symptoms have persisted for [duration] and have led to [explain the impact on their life, e.g., difficulties in work, school, relationships].

Given the concerns outlined and their potential implications, I believe a thorough assessment by a qualified mental health professional is warranted to determine the appropriate interventions and support.

Please find attached relevant medical history and any additional information required for the assessment. I would appreciate your timely attention to this referral and look forward to your insights regarding [Client's Full Name]'s mental health needs.

Thank you for your attention to this matter.

Sincerely,

[Your Name]

[Your Title/Position]

[Your Contact Information]

[Your Organization]