

# Dear [Student's Name],

We hope this message finds you well. We are reaching out to inform you about our Peer Support Program offered by the Student Counseling Services.

The Peer Support Program is designed to provide students with the opportunity to connect with trained peer supporters who can offer guidance, empathy, and shared experiences in a confidential environment. Whether you are facing academic pressures, personal challenges, or just need someone to talk to, our program is here to help.

## How It Works:

- Weekly peer support sessions led by trained student facilitators.
- Safe and inclusive space for open discussions.
- Workshops on various topics such as stress management, coping strategies, and wellbeing.

If you are interested in participating or have any questions, please feel free to reach out to us at [contact email/phone number]. We would love to support you!

Best regards,  
[Your Name]  
[Your Position]  
Student Counseling Services