

Dear [Advisor's Name],

I hope this message finds you well. I am writing to follow up regarding the timing of my thesis defense. I want to confirm if the proposed date of [insert date] works for you and the committee.

If this date is not suitable, I would appreciate any alternative suggestions you may have. I am eager to finalize the schedule and ensure everything is set for a successful defense.

Thank you for your support and guidance throughout this process.

Best regards,

[Your Name]

[Your Contact Information]