Dear [Patient's Name],

This is a friendly reminder for your upcoming medical assessment scheduled for [Date] at [Time]. Our records indicate that it has been [Duration] since your last visit, and it is important to maintain regular check-ups for your health.

Please remember to bring any relevant medical documents and a list of current medications. If you have any questions or need to reschedule, feel free to contact our office at [Phone Number].

Thank you for prioritizing your health, and we look forward to seeing you soon!

Best regards,

[Your Name]

[Your Title]

[Medical Practice Name]

[Contact Information]