Subject: Reminder: Application Status Update

Dear [Recipient's Name],

I hope this message finds you well. I am writing to kindly follow up on the status of my application for the [Job Title/Position Name] position, which I submitted on [Submission Date].

I am very enthusiastic about the opportunity to join [Company Name] and contribute my skills to your team. If there are any updates regarding the selection process, I would greatly appreciate you sharing them with me.

Thank you for your time and consideration. I look forward to hearing from you soon.

Best regards,

[Your Name] [Your Contact Information] [Your LinkedIn Profile (if applicable)]