Book Proposal Submission

Author Name: [Your Name]

Email: [Your Email]

Phone: [Your Phone Number]

Date: [Submission Date]

To: [Agent/Publisher Name] [Agency/Publishing House Name] [Address Line 1] [Address Line 2] [City, State, Zip Code]

Dear [Agent/Publisher Name],

I am excited to submit my proposal for a self-help book titled "[Book Title]", aimed at [target audience]. In this book, I explore [brief overview of the book's content and theme].

[Briefly explain your credentials and why you are the right person to write this book. Include any relevant background, experience, or previous publications.]

The manuscript is approximately [word count] words, and I believe it fills a unique niche in the market because [explain market positioning and unique selling points].

Included in this proposal are:

- 1. A detailed outline of the book
- 2. Sample chapters
- 3. A marketing plan
- 4. [Any other relevant documents]

Thank you for considering my proposal. I look forward to the possibility of working with you and sharing my insights with readers.

Sincerely, [Your Name]