

# Reminder: Follow-Up Nutrition Consultation

Dear [Client's Name],

We hope this message finds you well! This is a friendly reminder for your upcoming follow-up nutrition consultation scheduled for [Date] at [Time].

During this session, we will review your progress and make any necessary adjustments to your nutrition plan.

If you have any questions or need to reschedule, please don't hesitate to reach out.

Looking forward to seeing you soon!

Best regards,

[Your Name]

[Your Title]

[Your Contact Information]