

Recommendation Letter for [Child's Name]

Date: [Insert Date]

To Whom It May Concern,

I am writing to recommend [Child's Name], who has been under my care for [duration of treatment] due to challenges related to [specific mental health issues]. Throughout this time, I have observed significant growth and resilience in [him/her/them].

[Child's Name] has demonstrated [mention specific qualities, e.g., motivation, determination, ability to communicate feelings]. Our sessions have focused on [briefly describe therapeutic approaches used], which have proven beneficial in addressing [specific issues].

The support from [his/her/their] family and [any other contributors like teachers or guardians] has played a vital role in [Child's Name]'s progress. I strongly believe that with continuous support and effective strategies, [he/she/they] will achieve even greater milestones.

I wholeheartedly recommend [Child's Name] for any programs that will provide further assistance and development in [his/her/their] mental health journey.

If you require further information, please do not hesitate to contact me at [your contact information].

Sincerely,

[Your Name]

[Your Title]

[Your Institution or Practice]

[Your Contact Information]