Dear [Parent's Name],

I hope this message finds you well. I wanted to take a moment to follow up on [Child's Name]'s therapy sessions and discuss their recent progression.

In the past few sessions, we have observed several positive changes in [Child's Name]'s behavior and emotional well-being. Specifically, [mention specific examples of progress].

As we continue our work together, it is essential to address any concerns you may have and to collaborate on strategies to support [Child's Name]'s growth. Please feel free to share your observations or any questions that may arise.

Our next session is scheduled for [Date]. I look forward to our continued collaboration in supporting [Child's Name]'s development.

Thank you for your involvement in this journey.

Warm regards,

[Your Name]
[Your Title/Position]
[Your Contact Information]