

# Letter of Intent to Join Mental Wellness Workshop

Date: [Insert Date]

To,

[Workshop Coordinator Name]  
[Organization/Institution Name]  
[Address Line 1]  
[Address Line 2]

Dear [Coordinator's Name],

I hope this message finds you well. I am writing to express my interest in joining the upcoming Mental Wellness Workshop scheduled for [insert date]. I believe this workshop will provide valuable insights and strategies for enhancing mental well-being.

Please let me know if there are any specific requirements or forms I need to complete for my registration. Thank you for organizing this important initiative.

I look forward to your positive response.

Sincerely,  
[Your Name]  
[Your Contact Information]  
[Your Address]