Confirmation of Signup

Dear [Participant's Name],

We are pleased to confirm your registration for the Mental Wellness Program, scheduled to begin on [Start Date]. We appreciate your commitment to enhancing your mental well-being.

Program Details:

- Location: [Location]
- Date and Time: [Dates and Times]
- **Duration:** [Duration]
- **Contact:** [Contact Information]

Please feel free to reach out if you have any questions or require further information. We look forward to supporting you on your journey to better mental health.

Best regards,

[Your Organization's Name]

[Your Organization's Contact Information]