

Flu Symptom Awareness

Dear [Recipient's Name],

As we approach the flu season, it is essential to be aware of the symptoms associated with the flu. Recognizing these symptoms early can help in prevention and prompt treatment. Symptoms may include:

- Fever or chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue
- Some people may experience vomiting and diarrhea, though this is more common in children.

If you or someone you know experiences these symptoms, please seek medical advice promptly. Additionally, consider getting vaccinated to protect yourself and the community.

Thank you for your attention to this important matter.

Sincerely,

[Your Name]

[Your Position]

[Your Organization]