

Appointment Availability

Dear [Sleep Specialist's Name],

I hope this message finds you well. I am writing to discuss scheduling an appointment with you regarding my sleep concerns.

Here are my available dates and times for the appointment:

- [Date 1] - [Time 1]
- [Date 2] - [Time 2]
- [Date 3] - [Time 3]

Please let me know which of these options works best for you, or if there are other times available that you would prefer.

Thank you for your assistance.

Sincerely,

[Your Name]

[Your Contact Information]