

Joint Health Maintenance Program

Date: [Insert Date]

Dear [Employee Name],

We are pleased to inform you about our Joint Health Maintenance Program specifically designed for manual laborers like yourself. This program aims to promote the long-term health of your joints and overall physical well-being.

Program Details

- Regular joint health assessments
- Access to physiotherapy sessions
- Workshops on proper lifting techniques
- Nutritional counseling focused on joint health
- Regular exercise classes tailored for joint strength

To participate in the program, please sign up at the HR department by [Insert Deadline]. Together, we can work towards ensuring your joint health and enhancing your working capacity.

Thank you for your dedication and hard work.

Sincerely,

[Your Name]

[Your Position]

[Company Name]

[Contact Information]