Dear [Caregiver's Name],

I hope this letter finds you well. I want to take a moment to recognize the incredible support you provide during [Patient's Name]'s recovery process. Caring for someone who has experienced a stroke can be challenging, and your dedication does not go unnoticed.

Remember to take care of yourself, as your well-being is crucial in this journey. It's important to take breaks, seek support, and breathe. We are here to support you every step of the way.

If you ever feel overwhelmed, please reach out to our support group, which meets every [day/time]. You are not alone in this, and we can share experiences and strategies that may help you.

Thank you for your unwavering commitment to [Patient's Name]. Your love and support are instrumental in their recovery.

Warm regards,

[Your Name]

[Your Title/Organization]

[Contact Information]