

Dear [Adult's Name],

I'm really sorry for your loss. I can't imagine how you must be feeling right now. I want you to know that I care about you and I'm thinking of you.

I remember the times we spent with [Name of Deceased]. They always made me smile and feel happy. I hope you keep all those good memories close to your heart.

Even though it's hard now, it's okay to feel sad. I'm here for you if you want to talk or if you just need someone to sit with you.

Remember, you are not alone. You are surrounded by people who love you.

With love,

[Your Name]