

Dear [Adult's Name],

I hope this letter finds you in a moment of peace. I wanted to write to you because I've been feeling a lot of sadness since [Name of Deceased] passed away. I know how much they meant to you, and I can see how this has affected you.

When I think about [Name of Deceased], I remember [share a special memory]. It makes me smile, but it also makes me miss them a lot. I want you to know that it's okay to feel sad, and it's okay to cry. You have my shoulder to lean on, and I'm here for you whenever you need to talk or just sit silently together.

Please remember to take care of yourself. I'm sending you big hugs and lots of love. I hope we can share more memories of [Name of Deceased] together. They will always hold a special place in our hearts.

With all my love,

[Your Name]