

Mental Health Consultation Notice

Date: [Insert Date]

Dear [Recipient's Name],

We are writing to inform you about the opportunity for a mental health consultation. We recognize the importance of mental well-being and would like to provide you with the support you may need.

Consultation Details:

- **Date:** [Insert Date]
- **Time:** [Insert Time]
- **Location:** [Insert Location]

Please confirm your attendance by [Insert Confirmation Deadline]. If you have any questions or need to reschedule, do not hesitate to contact us at [Insert Contact Information].

Thank you for prioritizing your mental health.

Sincerely,

[Your Name]

[Your Title]

[Your Organization]