

Mental Health Assessment Reminder

Dear [Recipient's Name],

This is a friendly reminder about your upcoming mental health assessment scheduled for [Date] at [Time]. This assessment is an important step in supporting your mental well-being.

Please ensure that you arrive on time and bring any necessary documents or information relevant to your mental health history.

If you have any questions or need to reschedule, feel free to contact us at [Contact Information].

Thank you, and we look forward to seeing you soon.

Sincerely,

[Your Name]

[Your Title]

[Organization Name]