

Skincare Safety Precautions

Date: [Insert Date]

Dear [Patient's Name],

Thank you for visiting our dermatology clinic. It is important to follow specific skincare precautions to ensure optimal healing and results after your treatment. Please adhere to the following guidelines:

1. Sun Protection

Avoid direct sunlight when possible and use a broad-spectrum sunscreen with at least SPF 30.

2. Moisturizing

Keep your skin moisturized with a gentle, fragrance-free moisturizer.

3. Avoid Irritants

Stay away from harsh skincare products, including retinoids, exfoliants, and alcohol-based toners for at least two weeks.

4. Do Not Pick

Refrain from picking or scratching the treated areas to avoid scarring and irritation.

5. Follow-Up Appointment

Please remember to schedule your follow-up appointment to monitor your progress.

If you experience any unusual symptoms or have questions, do not hesitate to contact us.

Sincerely,

[Your Name]

[Your Title]

[Clinic Name]

[Contact Information]