

Dear Patient,

We hope this message finds you well. As you embark on your healing journey following your recent dermatological surgery, we would like to share some important tips to aid in your recovery:

Post-Operative Care Tips:

- Keep the surgical area clean and dry.
- Follow your prescribed medication schedule for pain management and infection prevention.
- Avoid strenuous activities and heavy lifting for at least two weeks.
- Eat a balanced diet rich in vitamins and minerals to support healing.
- Stay hydrated to promote skin health.
- Follow up with your dermatologist as advised.

Signs to Monitor:

- Increased redness or swelling around the surgical site.
- Persistent pain that does not improve with medication.
- Fever or chills, which could indicate an infection.
- Unusual drainage or odor from the surgical area.

If you experience any of these symptoms, please don't hesitate to contact our office.

Wishing you a smooth and speedy recovery.

Sincerely,

Your Dermatology Care Team