# **Follow-Up Care Guidelines**

Dear [Patient's Name],

Thank you for visiting our dermatology clinic. We hope your recent procedure went smoothly. For your safety and to ensure the best healing process, please follow the care guidelines below:

#### 1. Wound Care

Keep the area clean and dry. If instructed, gently cleanse with mild soap and water. Apply any prescribed ointments as directed.

## 2. Pain Management

If you experience discomfort, over-the-counter pain relievers such as ibuprofen or acetaminophen can be taken as needed.

### 3. Activity Restrictions

Avoid strenuous activities and sun exposure for at least [insert time period] to allow for proper healing.

### 4. Follow-Up Appointment

Please schedule a follow-up appointment in [insert time frame] to assess your healing progress. You can reach our office at [insert phone number] or visit our website at [insert website URL] to schedule.

#### When to Contact Us

If you notice any signs of infection (increased redness, swelling, or pus), or if you have any questions or concerns, do not hesitate to contact us.

Thank you for entrusting us with your care. We wish you a speedy recovery!

Sincerely,

[Your Name]
[Your Title]
[Clinic Name]
[Contact Information]