

Follow-Up on Dietary Consultation

Date: [Insert Date]

To: [Parent/Caregiver's Name]

From: [Registered Dietitian's Name]

Subject: Follow-Up on [Child's Name]'s Dietary Consultation

Dear [Parent/Caregiver's Name],

I hope this message finds you well. I am writing to follow up on our recent dietary consultation for [Child's Name] that took place on [Date of Consultation]. I appreciate your active participation and the valuable information you provided regarding [Child's Name]'s eating habits and nutritional needs.

Summary of Key Recommendations:

- Incorporate more fruits and vegetables into daily meals.
- Ensure adequate protein sources are included at every meal.
- Limit sugary snacks and beverages.
- Encourage hydration with water throughout the day.

Next Steps:

Please monitor [Child's Name]'s progress with these recommendations and keep a food diary for the next month. This will help us evaluate any changes and make necessary adjustments during our next visit.

If you have any questions or concerns before our next appointment scheduled on [Next Appointment Date], please do not hesitate to reach out.

Thank you for your commitment to [Child's Name]'s health and nutrition. I look forward to seeing you both again soon.

Sincerely,

[Registered Dietitian's Name]

[Credentials]

[Contact Information]

[Clinic/Hospital Name]

[Clinic Address]