

# Dear Students,

We are excited to invite you to participate in our upcoming Wellness Assessment.

This assessment aims to evaluate your overall well-being and provide resources to support your health.

**Date:** [Insert Date]

**Time:** [Insert Time]

**Location:** [Insert Location]

Please RSVP by [Insert RSVP Date] to confirm your participation.

Your mental and physical health are important to us, and we look forward to your involvement!

Sincerely,

[Your School's Name]

[Your Contact Information]