

# Invitation to Participate in Our Wellness Assessment

Dear [Participant's Name],

We are excited to invite you to participate in our upcoming Wellness Assessment as part of our health program. Your well-being is our top priority, and this assessment will help us better understand your health needs and tailor our program to suit you.

## Details of the Wellness Assessment:

- **Date:** [Insert Date]
- **Time:** [Insert Time]
- **Location:** [Insert Location]

Please RSVP by [RSVP Date] to confirm your participation.

We look forward to seeing you and supporting your health journey!

Best regards,

[Your Name]  
[Your Title]  
[Organization Name]  
[Contact Information]