

# Dear [Patient's Name],

We are excited to welcome you for your upcoming maternity care visit scheduled on [Date] at [Time]. To ensure a smooth and productive appointment, please review the following preparation steps:

## What to Bring:

- Your insurance card and identification.
- A list of any medications you are currently taking.
- Any questions or concerns you may have regarding your pregnancy.
- Previous medical records if applicable.

## Preparation Tips:

1. Try to arrive 15 minutes early to complete any necessary paperwork.
2. Stay hydrated, but limit food intake close to your appointment if required.
3. Wear comfortable clothing for your examination.

If you have any questions prior to your visit, please do not hesitate to contact our office at [Phone Number] or [Email Address].

We look forward to seeing you soon!

Best regards,

[Your Name]

[Your Title]

[Clinic/Hospital Name]