

Smoking Cessation Program Progress Update

Date: [Insert Date]

Dear [Participant's Name],

We hope this message finds you well. We are writing to provide you with an update on your progress in the Smoking Cessation Program.

As of [Insert Date], you have successfully completed [X weeks/months] of the program, and we are thrilled to see the positive strides you have made:

- Reduction in cigarette consumption: [X cigarettes/day to Y cigarettes/day]
- Improved lung function: [Details of assessment results]
- Increased motivation and support participation: [Details of workshops attended]

We encourage you to continue utilizing the resources available to you, such as counseling sessions and support groups. Remember, every step you take towards quitting is a step towards better health.

Keep up the great work, and don't hesitate to reach out if you have any questions or need additional support.

Sincerely,

[Your Name]

[Your Title]

[Organization Name]

[Contact Information]