

Allergy Test Preparation Guidelines

Dear [Patient's Name],

We are writing to provide you with important information regarding your upcoming allergy test scheduled on [Date]. To ensure accurate results, please follow these guidelines:

Preparation Instructions

- Avoid antihistamines for at least [X days] prior to the test.
- Do not take any medications that may interfere with the test unless directed by your physician.
- Refrain from consuming alcohol for [X days] before the test.
- Inform us of any pre-existing conditions or concerns that may affect the test.
- Arrive at the clinic on time and bring your identification and insurance information.

What to Expect

During the test, our medical staff will conduct a series of evaluations to determine your allergy sensitivities. The procedure is generally quick and straightforward.

Contact Us

If you have any questions or need to reschedule your appointment, please contact us at [Phone Number] or [Email Address].

Thank you for your cooperation.

Sincerely,

[Your Name]

[Your Position]

[Your Clinic/Organization Name]