

Allergy Test Follow-Up Instructions

Dear [Patient's Name],

Thank you for visiting our clinic for your allergy testing. Here are the follow-up instructions to help you manage your health effectively:

Test Results Review

Your results will be available on [Date]. Please schedule an appointment to discuss your test results with our allergist.

Symptom Monitoring

Please keep a diary of any allergic symptoms you experience over the next few weeks. Note the dates, severity, and any potential triggers.

Medication Guidelines

If prescribed medication, take it as directed. If you experience any adverse effects, contact our office.

Emergency Plan

If you have a known severe allergy, please ensure you have your emergency epinephrine auto-injector available at all times.

Follow-Up Appointment

We recommend scheduling a follow-up appointment within [time frame] to adjust your treatment plan as necessary.

Thank you for trusting us with your care. If you have any questions, please feel free to reach out.

Sincerely,
[Your Name]
[Your Title]
[Clinic Name]
[Contact Information]