

Referral for Psychological Counseling

Date: [Insert Date]

To Whom It May Concern,

I am writing to refer [Client's Name], who has been under my care since [Start Date]. After thorough assessment and discussion, I believe that [he/she/they] would benefit from psychological counseling.

[Client's Name] has expressed difficulties with [briefly describe issues, e.g., anxiety, depression, etc.], which has impacted [his/her/their] daily functioning. I recommend specialized support to help [him/her/them] navigate these challenges more effectively.

Please do not hesitate to contact me for any further information or clarifications.

Sincerely,

[Your Name]

[Your Title/Position]

[Your Contact Information]

[Your Organization]