

# Inquiry for Therapy Session Availability

Dear [Therapist's Name],

I hope this message finds you well. My name is [Your Name], and I am interested in scheduling a therapy session with you. I would like to inquire about your availability for appointments in the coming weeks.

If possible, could you please provide me with the dates and times that you have available? Additionally, I would appreciate any information regarding your therapy approach and session structure.

Thank you for your time. I look forward to your response.

Best regards,

[Your Name]

[Your Contact Information]

[Your Location, if applicable]